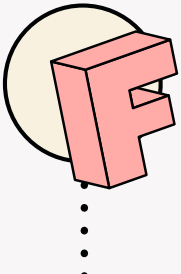




SEXUAL CONSENT DO WE HAVE FRIES?

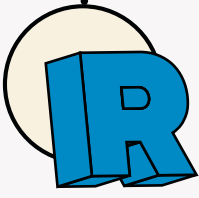
SEXUAL CONSENT IS AN AGREEMENT BETWEEN PARTICIPANTS TO ENGAGE IN SEXUAL ACTIVITY!



FREE

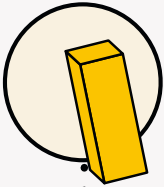
Only freely given consent is consent. A person cannot consent if they are:

- forced, coerced, manipulated or threatened into agreeing, scared of saying no.
- in unequal power dynamics.
- physically not able to (asleep, passed out, drunk, drugged, high).
- under the age of legal consent.
- unable to make responsible decisions.



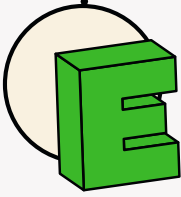
REVERSIBLE

At any moment, a person is entitled to change their mind and say no to a sexual experience even after it has started.



INFORMED

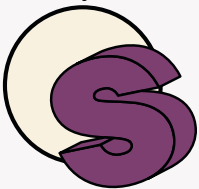
If someone doesn't know about circumstances or risk factors (STI status, birth control, lack of condom etc.) they cannot consent.



ENTHUSIASTIC

Only a clear and enthusiastic YES means YES. Not just NO means NO:

- "I've changed my mind"
- "I'm not comfortable with this"
- "I don't know"
- "I'm not in the mood"
- "I'm not feeling well!"
- "It hurts"
- "I'm not ready"
- "Can we stop?"
- "I'm scared"
- "Let's just take things slow"
- "I'm not sure about this"
- "Maybe"
- *freezing*
- *not saying anything at all*
- *pushing somebody back*



SPECIFIC

Giving consent to one sexual activity does not mean consent to other types of sexual activity. Consent is not a one-time question! It's an ongoing process.

REMEMBER:

- Being in a relationship doesn't automatically give consent!
- Saying yes in the past doesn't mean saying yes now!
- Clothing, dancing or flirting doesn't mean that there is consent!
- Not resisting doesn't mean that there is consent!
- All people have the right to withhold sexual consent. All people have the responsibility to respect that.



CHECK IN, BE ATTENTIVE, ASK AND IF YOU'RE UNSURE: STOP!