

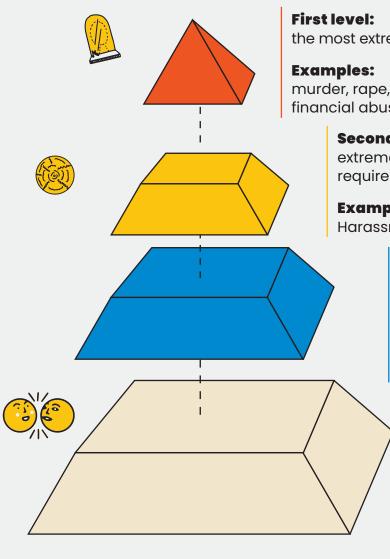
# **PYRAMID OF** VIOLENCE

## VIOLENCE AS A RELATIONSHIP MODEL

The pyramid of sexist violence is a graphic representation in which a relationship is established between extreme physical violence and other more invisible forms of violence.

The patriarchal system is based on violence to control and preserve inequalities. To ensure their power, different forms of violence and domination have been exercised for centuries - by men, institutions, persons in dominant roles, etc. One of the main characteristics connected with masculinity is violence; and as masculinity is the most valued gender role in our patriarchal system, violence is too.

### Our socialization system of hierarchy and power is based on domination and violence.



The forms of violence expressed at the base of the pyramid, although they are less extreme or visible, are not less serious. These forms of violence affect people's lives and the way they perceive and relate to each other.

the most extreme and severe types of gender based-violence.

murder, rape, sexual assault, physical, emotional and financial abuse.

#### **Second level:**

extremely serious types of violence, which require immediate response and prevention.

#### **Examples:**

Harassment, threats and verbal abuse.

#### **Third level:**

less visible types of violence. They work in more covered ways, but are still harmful.

#### **Examples:**

Traditional roles, rigid gender-based stereotypes, glass-ceiling.

#### **Fourth Level:**

even more invisible and accepted types of violence.

#### **Examples:**

sexist/homophobic/transphobic jokes, problematic language, objectification, mansplaining.

#### They sustain and allow the most extreme

violence to occur. Also, we encounter them often unconsciously on a daily basis.



