



The assumption of heteronormativity is the belief that it is *normal* to be a cis person of straight sexual orientation, taking it for granted that a person is that way until they say otherwise. This in turn implies that any behaviour that deviates from the norm is punished, devalued, or even pathologised.

Relationships are expected to be monogamous, and gender identities and attraction to be binary (homo / hetero). It is not usually considered that relationships can be polyamorous, that people relate to more than one gender, that they are gender fluid.

In the workplace, more than 70% of LGBTQIA+ people prefer not to come out at work, even if they have come out in other areas of their lives, for fear of reprisals, discrimination or loss of credibility.

[Source: ADIM project]

It is important for each person to decide whether or not to share personal information.

Assuming someone's gender identity and sexuality without asking can be violent for many people.





