





Bisexuality is a valid sexual orientation, although it is often invisibilised or objectified within and outside the LGBTQIA+ community.

Bisexuality is not binary: bisexual people are attracted to more than one gender. They can be attracted to people within the gender binary (men / women) as well as non-binary people. They do not have to be equally attracted to all genders.

Bi people do not have to have sex with someone to *prove* their bisexuality. Their self-perception is more than enough. Bisexuality is also not affected by a person's current relationship; regardless of the gender of the person they are dating, they are still bisexual.

Bisexuality is not a fad or a phase. Just because it has not been made visible before does not mean that it is new or that it has never existed.

Outing someone, which means making their sexual orientation or gender identity public without their consent, is a very violent situation for the person involved. Avoid outing, respect people's intimacy.









Dude, have you heard?  
Martha is bisexual!

No, I hadn't, but it's not  
cool to go around talking  
about Marta's personal life.  
Let her tell me herself.


Yeah... you're  
right, sorry.



Hey guys, now that we're all here,  
I just wanted to tell you something...  
I've already told Andrew... it's a  
question I've been asking myself  
for a while and the truth is that I've  
realised that I'm bisexual!



Wow, thanks so much for  
trusting us! If you feel like  
sharing more, we're here.



Martha... well, since you told me, I've  
been thinking about it because I've always  
thought I was gay, but I know I'm also  
attracted to girls even if I don't talk  
about it much. So, I guess I'm bi too.



Oh! Thanks for sharing that  
with us too. If you want, I  
can send you some books  
and Instagram profiles...

hahaha you always  
with your references!

But yeah, send  
them to me!